

### 3. Singlamteh Telcianna: (Khen 3)

#### Singlamteh Manphatna

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|--------------------------|--------------|------------|
| a) Laisiangtho bulphuhte | 1John 2:1-2; | 1John 4:4; |
|                          | 2Pet. 1:3;   | 1Pet. 2:24 |

**b) Thupatna**

Thu um lo a nungta ding leh lungkia ding, i Pa in i kisapte hong pia thei hi cih i up nawn loh ding Satan in hong deih hi. Ahizong in Pasian in Calvary singlamteh tungah a kamciamte leh a thu bulpite phuankhia khin hi. Pasian in ama mite a vak ding lawhsam in khalam, si-le -sa lam leh neih leh lam a a kisapnate uh a piak zawk keileh, a Tapa Zeisu tungtawn a a zawhsa nasep a nial suak ding hi (2Cor.8:9). Khazih zawhsa nasep i muh theih nading thu li om hi. Mawh maisak na, hong sik hong vakna, gualzawhnna, leh cina damnate ahi hi.

**c) Mawh maisak na a manphatna**

Ei le ei kimawhsakna pen mihingte tuahkhakna ah a om theizel thu khat hi. Christian tampite in kha mawhsakna thuak uh hi. Pasian tawh i kalsuan khopna ah nisim a i lawpsapna thumaan leh nisim a midangte tawh kizop tuahna haksa in kilawm kisaklohma leh picing kisak lohma ah hong tun thei zel hi. MawhMaisak na pen Pasian muhna lam pan a thu maan khat hi.

Khazih sungah i mawhnate khempeuh hong tuamsak khin a, kisikkikna leh kipulakna tawh a mah i zuat teh i Honpa sihna tungtawn in hong siangsak den leh, eite mun maan ahi suahtakna leh halh thakna hong pia hi. Ahizong in Dawimangpa in tua bang in hong nusia nuam lo hi. Satan in bel i thanemna lungsimte tawh hong mawlpikh nuam in i lungtang sungah mawhsakna leh koltanna mun ah hong lehkaih kik nuam hi. Hih lai mun hi mawhMaisakna i ngah ding a kisapna mun. Thu pawlkhatte ah i mawhnate hanga i thuak ding kisam hi cih Satan in hong umsak nuam in hanciam hi. Ahizong in hi pen Laisiangtho hong hilhna leh Calvary nasep tawh kitukalh linlian hi. Zeisu in i leiba khempeuh hong lohsak khin zo a, ama sungah mawh maisakna i san ding ahihi (1John 1:7-9). Eite tanga Pa kianga thu hong gensak tawntung ding honpa khat i nei hi. I kamka in mawhMaisakna i nget teh i vantung Pa mai ah aman i minte hong lo hi.

**d) Hong sik hong vakna a manphatna**

Pasian pen bangmah sem lo ahih lai teng Pasian i up ding Satan in phamawh salo hi. Satan tupna pen Khasiangtho in a vangliatna tawh i pianthak cianga hong piak muanna tawh Pasian tawh kizopna suksiat ding ahi hi. Pasian pen i Pa ahih i theihna pen Khasiangtho hang hi a, Khasiangtho hang mah tawh upna leh muanna tawh i Pa Pasian kiangah a pai thei hihang (Rom. 8:32)

"Ama Tapa khat bek haza lo a, eite khempeuh ading a piapa in man ngen lo in nate khempeuh ama ta tawh hong pia khawm lo in a om ding hiam? (Rom. 8:32). Atawntung in Calvary ah i pai kik ding a kisam bang khat in om hihang. Zeisu hong piakkhat nate pen a behlapnate hi lel hi. I kisap khempeuh ama sungah kihel khin a, ama sunga upna tungtawn in ni khat khit ni khat i nuntakna ah hong sik hong vaknate hong luangkhia hi.

### e) Gualzawhna a manphatna

Zeisu in a sih in, eite ading mawhna, sihna, leitung, Satan vangliatna leh mihih khempeuh hong nung zuih galte tungah gualzawhna hong kicingsak hi. Satan in hihte tungtawn in gual lelhna leh thanemna hong tunsak ding hanciam tawntung hi. Eite nuntakna a Satan hong dona i zagh theih nading in Zeisu sungah i gualzawhna i kiciat sak ding kisam hi. Zeisu in eite ading in mawhna leh sihna tungah gualzawhna hong ngah sak zohi (Rom. 5:12, 15). Satan galvan lian nih ahi kisuanna leh launate pen singlamteh tunga kizo sa nasepte tunga ding Christiante ading in kimanna om lo suah hi. Zeisu in eite ading in leitung hong zawsak hi. Leitung pen Satan zia hoih lo hi a, mihih teh khuamial sung tun' in Pasian kiang pan a pialkhiasak dingin Pasian thupiakte leh mihih teh nuntakziate su let in siasak hi.

Ahizong in Singlamteh leh vangliatnate tungah gualzo in hong om pih Khasiangtho vangliatna tawh tua gualzawhna eite hong zang khawm sak hi (1John 5:4-5). Eite ading in amahn' Satan tungah gualzo khin hi. Ataktak in bel singlamteh pen Pasian vangliatna leh Satan vangliatna kikal a kidona vua kikhelna pi a piangsak mun ahi hi. Zeisu gualzo ahihman in singlamtek tungpan eite ading na khempeuh hong luangkhia hi. Tua gualzawhna pen khuamial sung, inn kiu khat sung khawng ah kingah hilo a, mikhem peuh muh theih dingin a kilang tang in kisem hi. Zeisu in "Ki zozo hi." ci a a kiko pen khuamial sung leh lungkiatna peuh tawh hilo in, Pasian gualzawhna lian mipi mai ah a tangko ahi hi. Zeisu sungah Pasian in khuamial vangliatna khempeuh tung gualzo ahihman in Khazih Zeisu sungah upna tawh a ding mite tungah bangmah to na bawlzo nawn lo hi.

### f) Cidamna a manphatna

Singlamteh pan a mi khempeuh ading hong pai letsong pen mawhna maisakna pan a gupkhiatna letsong ahi hi. Ahizong in Calvary singlamteh pen Pa in ama deihna tawh kizui a, hong piak theih leh hong piak nop na dang khempeuhte munphual zong ahi hi. Tuate lak ah cidamna zong kihel hi. Hih hong piakte mun khempeuh ah pia ding maw pia lo ding cih a kem, a uk thubulpi pawlkhat om hi. Gentehna in, Upna i neihbeh ding a kisap hun, aih keh, Pa Pasian pen ama ut bang in a cingh mahmah a hihna i up phatloh ciang. Adang a kilang lo thu zong om lai hi. Ahizong in i kisap hun khempeuh ah huhna hong pia ding a i pa kiang upna tawh thu i nget ding hong khak tan lo ding hi. Topa pen muang thei hang a, i deih bangin zang thei lo hihang (Deu. 29:29). Pumpi cidamna pen Calvary nasepna ah Pasian ngimna a kicingsak a hihna thu lian thum in hong lak hi.

- i. Zeisu sihna leh thawh kikna ah cidamnading thupi Pasian in phutkhin zo hi. Zeisu si in, kisatnim leh kisia a, ahizong in amah kitho kiksak, kidam kiksak in a ngei bang kik hi.
- ii. Calvary nasep ah pumpi cidamna zong a kihelna thu Laisiangtho in kitel tak in tec pang hi (Rom. 8:11). Zeisu pen i mawhnate pua ding beka si hilo a, i dahnate leh i lungkhamnate zong a pua ding ahi hi (Isa. 53:4-5; 1Pet. 2:24). Zeisu pen i kha hong gum ding bek a si hilo in, i kha i lungsim leh i pumpite hon dinga si ahi hi.
- iii. Tu ni mahmah a Khasiangtho vangliatna tawh cidamna tec i hi: Tu mahmah in nun tak tawntung na hoihna leh vangliatna sungah i nuntak ding Pasian ngimna hi. A dam lo thu um mi khat ading in tua bang thu om lo hi.

Ahi in bel singlamteh a hoih leh a sia kikal kidona ah a kisam mahmah kimuh khopna mun ahi hi. Tua lai ah a tawpna ah Satan vangliatna kihawk khiatsak in, a dinmun kikhul

thei nawn lo hi. Tua nangawn gal kido na kizomto lai hi. Eite damna ding nasep thupi pen bel kizo khin hi napi, eite cidam kim khin nai lo hihang. Pasian hehpihna nalamdang khat ciat pen ama kamciam nalamdang ahi hi. Hih pen ama kumpi gam minthang ading Zeisu hong pai ciang a kicingtak a piang ding a gen kholhna, a kawkna khat ahi hi. Galdona kizo khin napi a, bei nai lo cih thupen tu ni a kha galdona khempeuh a kihel nading in hong khaktan lo hi. Tua sangsik in eite hong tawh kuang zaw sop hi. Tua hi a, hih pen cidamna thu dotna hi a, galdona ah hih zong a kihelna kician hi. Na khempeuh kicing nailo cih i phawk theihna bek tawh thu i nget na ding pan i khawl kik ding hilo hi.

### **g) Cidamna i ngah lohna a hang gukte**

- (i) Mi pawlkhat te'n a cidamnading un Pasian upna neilo uh hi (James 5:15)
- (ii) Mimal mawhna pulak lohna in Pasian hehpihna khaktan hi (James 5:16)
- (iii) A kizomsuak leh a kizel kithutuahlohnna, thu-um mite leh innkuan sung mite mawhna leh uplohnate in tua mite sunga mimal khat ciatte cidamna khaktan hi (1Cor.11:30)
- (iv) A buainate uh a piangsak taktak banghiam cih a kicin' loh hang leh a manloh man in mite in mantak in thungen thei lo uh hi.
- (v) Mi pawlkhat ngaihsutna ah, Pasian in tha khatthu in damsak tawntung ahihman in thakhat thu a a damsak loh teh thunget khawl uh hi.
- (vi) Mi pawlkhatte in a mau damnading in a man lo lamlahna zong uh hi. Cidamnading ngaihsutna tawh Pasian kammal i zak ding thupi hi. Pawlkhatte in amau cidamnading in Pasian kiang pan a lamdang lamlahna ngah uh a, adangte in bel, zatui zaha leh kibawlna tungtawn in nop tuam na leh damna ngah uh hi. Cidamna khempeuh Pasian kiang pan hong pai hilo cih phawk in. Tua hi a, hi bang thu thukte i nuntakna ah hong tun teh khentel theihna letsong i zat ding thupi hi.

### **h) Thukhupna**

A kiciangtan lo itna lakhkhat zawkna singlamteh tung lo koimah ah om lo hi (1John 4:10). I vantung pa kiangah a tate bang a i pai ding tha i lak ding kisam hi. Eite ading bang hoih pen cih aman thei hi. I kisap hun ciang a hong huh ding lainatna ngah in hehpihna i muhna dingin khamuanna tawh a heh pihna tokhom i zuat ding kisam hi (Heb. 4:16). Zeisu nuntakna, sihna leh thawkikna tungtawn in vai khempeuh ah Pasian in hong sik hong vak hi (Rom. 8:32)

### **i) Dotnate leh kikup khopna**

1. Banghang in Christian tampite in mawhsakna, kilawm lohna leh hih zawh lohna amau aa in kingaihsun uh hiam? Kamkum in.
2. Mawhpaihna i hepkhiatna ding in Pasian in eite ading bang hong pia a, eite in bang i sep ding kisam hiam?
3. I kisapnate khempeuh hong sik ding in Zeisu bawl biakpiakna a kicing hiam?
4. Eite tawh kizopna ah Satan koi ah om a, Khazih sungah eite i om ciang in eite sungah bang zah ciang vangliatna nei i hiam? (Eph.1:17-23)
5. Cidamna i ngah theih lohna a hang gukte sim in kamkum khawm inla, singlamteh tunga Zeisu nasep ah cidamna pen a kisam mahmah a thupi ahih lam a lakkhia thupi thumte tawh tekkak in.

j) Tomlakna leh zatpahna

1. Singlamteh tung a Zeisu nasep hang in eite khempeuh ii khalam , silehsa lam leh, neih leh lamh kisapna khempeuh hong sik ding in Pasian in hong kamciam hi.
2. Pasian tate in Pasian mawhmaisakna amau sungah nei uh ahihman in mawh paih na pan a suah tak ding uh ahi hi.
3. Pasian in ama minthanna sunga hauhna tawh kituak in i kisapna khempeuh hong pia ding in hong kamciam hi.
4. Zeisu in singlamteh tunga ama sepna tawh mawhna hanga sihna leh leitung-le-Satan vanglatna tungah eite ading gualzawhna hong ngahsak khin hi.
5. Calvary a singlamteh tung Zeisu nasepna ah i Pa Pasian ngimna thupi khat pen pumpi cidamna ahi hi.